FutureWomen

About you
Describe your current situation – your commitments, background, qualifications, career experience and passions
experience and passions
Your strengths ————————————————————————————————————
Share your strengths within your working environment
These can be strengths you know to be true of yourself or feedback you've received in the workplace. Share these in conjunction with your professional challenge so we know what you're great at!

Professional challenge

Think about a challenge you're facing at the moment. What is keeping you up at night, or is something that would enrich your professional life if it were to change?

In the session we'll ask you to share this challenge with the group. Along with your mentor, we will work as your personal advisory board. Throughout the discussion you'll be listing ways forward, steps to undertake and create a plan for the immediate future (where possible).

If you are struggling to think of a challenge, we have a fantastic resource that can help you.

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The way forward List your next action steps from here, plus advice and guidance from your mentor and other group members **Contacts** Record the names of your mentor and other members of your group that you would like to connect with